

CHOOSING A CONFIRMATION NAME

WHY WE CHOOSE A NAME FOR CONFIRMATION

Confirmation marks the beginning of the journey to bring your faith even more into the world. Throughout salvation history, men and women of faith have been given new names to mark this moment in their faith journey (Saul became Paul, Simon became Peter, etc.). Choosing a saint to be your guide along the future of your faith journey is one of the most beautiful aspects of the sacrament.

Once you've made your choice, ask this saint to walk with you on your journey toward the sacrament of Confirmation, just as you would ask a friend or family member to pray for you. They are members of the mystical body of Christ and will support you and care for you from this moment onward.

Every adult Catholic remembers who they chose for their Confirmation saint and the reason they made that choice. You are joining in a bond of fellowship with countless millions of fellow Catholics.

HOW TO CHOOSE YOUR CONFIRMATION NAME

Let the saint you choose be one that you feel drawn to based on how they lived their life as a member of Christ's church. There are no rules with regard to gender (a female candidate may choose a male saint for example), but the name must be that of a canonized Catholic saint. This saint can also be your Baptismal name (either your first or middle name) as long as that name is that of a saint. Learning background information on the saint, including their feast day and prayers will help the Candidate bond to saint who will watch over them.

If you are not sure where to begin, you can simply click on the saint resources below and learn more about the lives of various saints. There may be one who stands out to you. You can also do some research into patron saints...for example the patron saint of athletes or the patron saint of Ireland. There is a patron saint for every country in the world. There are also patron saints for all illnesses and activities such as dance and music... even professions have their own patron saints.

It is important to remember that there is not a "wrong choice". God already knows who your Confirmation saint will be, it is simply a matter of you discovering who he or she is.

USE THE RESOURCES BELOW TO HELP YOU MAKE YOUR DECISION.

[CatholicSaints.Info](#)

[Saints & Angels - Catholic Online](#)

[CATHOLIC SAINTS \(catholic-saints.info\)](#)