



Rite of Reconciliation

I am greeted by the priest.

BEGIN BY MAKING THE SIGN OF THE CROSS. SAY, "BLESS ME FATHER FOR I HAVE SINNED. IT HAS BEEN (SAY HOW LONG) SINCE MY LAST CONFESSION. MY SINS ARE ... "

We Pray and Talk

Tell the priest how you have sinned. When you are done, the priest will now talk to you and give you something to do or tell you to say special prayers to make up for your sins. (This is your penance).

I Receive God's Forgiveness

The priest will tell you to say the Act of Contrition.

Act of Contrition

*My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love above all things.
I firmly intend, with your help,
To do penance, to sin no more,
And to avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In his name, my God, have mercy.*

The priest will then give you absolution.
He will place his hand over your head and
speak the prayer of absolution.
MAKE THE SIGN OF THE CROSS WITH THE PRIEST
and say, "AMEN."

I Leave

As you leave you should say, "THANK YOU FATHER."

